The Lions' Pride

SAINT LEO UNIVERSITY • FRIDAY OCTOBER 30, 2015 • VOLUME LIV NO. 10 • SINCE 1965

Vice Presidential Mock Debate

Ongoing Coverage of the Alternate Reality Learning Experiance

By Christine Bocchino
Contributing Writer

Photo Courtesy of University Communications

The student-led debate included moderators, film crews, and Political Science students from multiple classes and departments. The A.R.L.E. is a semester-long innovative academic experience which aims at demonstrating a political campaign to students using a hands-on approach.

"When was the last time you were in an elementary school classroom not for publicity purposes?"

Two college students from their stools on the stage took a second to think about the question posed.

Senior Jacob Gates began his statement, mentioning his three kids with reminiscence, claiming to be "as involved as I possibly can be as a U.S. senator."

As Senior Emily Mincey provided the audience with her explanation, bringing up her four children, Gates quietly joked, "It's not a competition."

While the amount of imaginary children Gates and Mincey have may not be a competition, the event which brought them both to the stage was. Mincey and Gates are a part of the Alternate Reality Learning Experience, a university-wide mock presidential campaign. Mincey is Elizabeth Chase, a Congresswoman from a cattle ranching family in Central Florida who is running on the Republican ticket with Charles Franklin. Gates, as Christopher Sampson, is a senator from Colorado running with Democratic presidential candidate Rachel Bowman. At the Vice Presidential Debate on Oct. 21, the candidates answered student-submitted questions from student moderators representing the Communications, Education, and Psychology classes involved with the A.R.L.E.

Throughout the debate, Gates, as Senator Sampson, explained his views on how to reform the "Draconian laws and measures," which plague the American system, touching on topics like the drug war, the Black Lives Matter movement, ISIS and gun control.

"We need common sense legislature in this country," he said. "We need to end the gridlock."

Gates claimed that Republicans are using debated social topics like Planned Parenthood to "get ahead," and causing government shutdowns.

"The Bowman-Sampson administration stands for reform within social justice issues, economy and society as a whole without the interference of big businesses and political corruption," said Zoe Mathieu as Rachel Bowman.

Not only was political corruption discussed while the various scandals which had occurred throughout the A.R.L.E. were brought up, issues, which are prominent on college campuses, were also addressed. Political apathy, although an ironic topic to talk about in a room dominated by Political Science students and professors, became a hot topic during the course of the debate.

"We have to get Americans to care again," said Mincey as Elizabeth Chase. "Our goal as Republicans is to restore the significance of the American worker and with the right leadership this can be realized."

In a recent interview, Burke Tomaselli as Charles Franklin, the Republican presidential candidate, supported his running mate's statement; "The American Dream is coming to a cruel awakening that is met with a sense of lethargy and entitlement."

The Republican Party plans on combatting this apathy through promoting positive change by stimulating small business growth, keeping Americans secure, and reforming the education system by eliminating and replacing underperforming programs.

"There's thousands of arts scholarships that go unclaimed every year; STEM subjects are important but we have to have a broader focus on multiple disciplines as opposed to just the sciences and technology," said Mincey as Elizabeth Chase. During the debate she also protested excess standardized testing; "it's keeping the joy out of the classroom."

The Franklin-Chase administration aims at appealing to middle class, everyday Americans who identify with these issues.

"Our supporters are common, hardworking Americans who strongly believe in the principles of our country's founding and want to help this country achieve what it's truly capable of," said Tomaselli as Charles Franklin.

The presidential debate will be held on November 13th at 7 p.m. in the Boardrooms, where Tomaselli and Mathieu will go head-to-head and discuss prominent issues as Charles Franklin and Rachel Bowman. Students can submit questions and attendees will be able to vote for their favorite candidate to determine the future — imaginary — president of the United States.

Photo Courtesy of University Communications

Senior Emily Mincey (left), as Republican vice presidential candidate Elizabeth Chase, discusses Obamacare and healthcare reform. "The federal government shouldn't be in the relationship between people and their healthcare provider," said Mincey.

Campus News

Fall Into Song with Saint Leo University

By Corina Rimiller
Contributing Writer

Oct. 20 was a beautiful, musical night at Saint Leo University. For the past five years, Dr. Cynthia Selph, Instructor of Music, has been orchestrating annual Fall into Song concerts held at Saint Leo University. The groups of performers that participated in this fall's Fall into Song concert were the Saint Leo Singers, the Saint Leo Chamber Singers, the Jazz Ensemble, the String Ensemble, and Just the FACTS. The Saint Leo Singers, the Saint Leo Chamber Singers, the Jazz Ensemble, and the String Ensemble are groups of Saint Leo students. Just the FACTS is a faculty and staff chorus.

The SCC Boardroom was packed and buzzing with excitement minutes before the first show. There was a large turnout of students, family, and friends. Just as the lights dimmed, the crowd went silent and all eyes were on the stage.

The Jazz Ensemble performed the first song of the evening, "Sprach Zarathustra" "Afro-Blue," and the twelfth song, "Can't Hide Love."

"Jai Ho," from Slumdog Millionaire, was the second song and was performed by the Saint Leo Singers. The tenth song was a performance of "Skyfall," from James Bond: Skyfall, by the Saint Leo Singers.

The fourth performance was "Safe and Sound," from Hunger Games, by the Saint Leo Singers' Women with soloist Rebecca Trabing.

The fifth song of the night performed was "Cups (You're Gonna Miss Me)," from Pitch Perfect, by the Saint Leo Singers with soloist Johanna Woods.

Two songs were played by the String Ensemble; the third song, "Game of Thrones," and the sixth song, "Speck Softly, Love" from the Godfather.

Song number seven was "River" and "Gabriel's Oboe," from The Mission, performed by Just the FACTS with Todd Burnett playing the oboe and Abby Collins playing the cello. Just the FACTS also performed the eighth song "Duel of the Fates" from Star Wars: Episode I the Phantom Menace.

The ninth performance was "Star Wars-John Williams is the Man" by the Saint Leo Singers' Men.

"Mission Impossible Theme" was the eleventh performance and was performed by the Saint Leo Chamber Singers.

The last and thirteenth performance was "Glory," from Selma, by the Saint Leo Singers with soloists Eddie Gemma, Todd Burnett, Rebecca Trabing, Janai Harris, Faith Healy, and Keronhica Desir.

The showcase of Saint Leo University ensembles was a wonderful event that displayed a variety of great talent and dedication on part of the students, staff, and faculty participating. Just observing the cast before the performance, one could tell that a lot of hard work and time was put into the preparation and execution of this Fall into Song concert. Every number was delivered with excellence and near perfection.

Lacey Hall, freshman, was one of the many attendance of October's Fall into Song concert.

"[It was] amazing," said Hall. "So much better than high school ones I've seen. The base line in all of them were amazing."

Hall was overall impressed with the performance. As a musician herself, Hall had some comments about where she feels some of the instruments might improve.

"But," Hall added, "All the songs were really good; I could not pick a favorite!"

Fall onto Song is an excellent concert that anyone would benefit from attending just to hear the diverse and synchronized beauty of it. There will be more chances to personally attend a Fall into Song concert.

"Our next concert will be the Christmas concert on Dec. 1," Dr. Selph said. "Which also showcases all of our ensembles."

Save the date and be sure to come and enjoy a spectacular evening of great music!

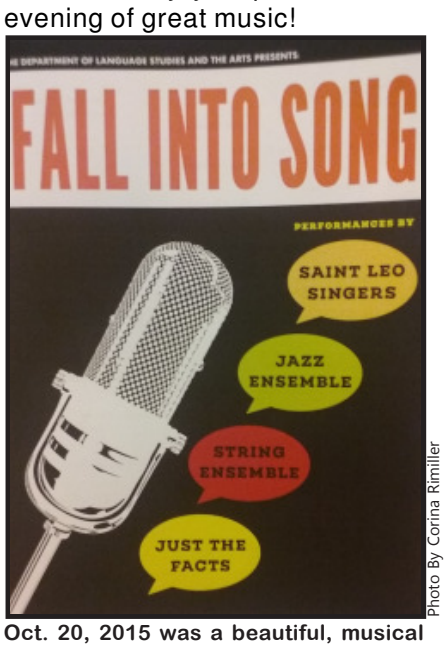

Photo By Corina Rimiller

Oct. 20, 2015 was a beautiful, musical night with the Fall into Song concert. The showcase of Saint Leo University ensembles was a wonderful event that displayed a variety of great talent and dedication on part of the students, staff, and faculty participating

Check us out online at www.pride-online.net

Hispanic Heritage Month

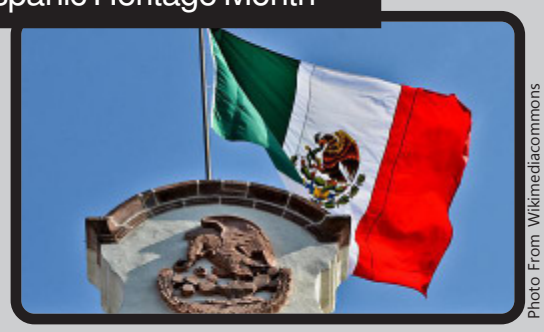
Photo From Wikimediacommons

Hispanic culture was on full display as the University celebrated Hispanic Heritage Month.

Oktober-Vets

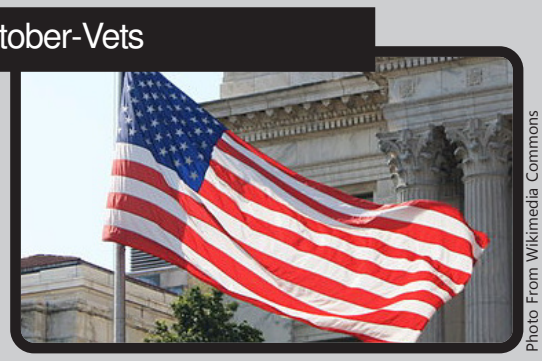
Photo From Wikimedia Commons

Saint Leo University's Veteran Student Services highlighted the University's services and benefits designed to help veterans earn their degree.

Comedy Show

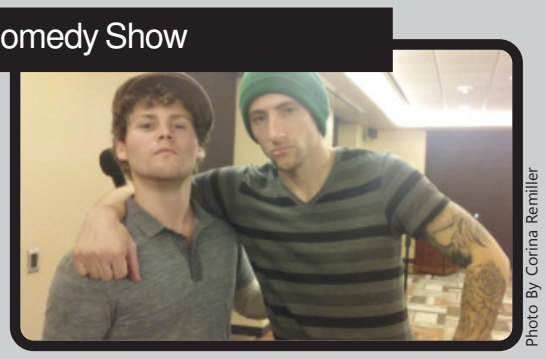
Photo By Corina Remiller

The laughs were loud when Drew Lynch and Samuel J. Comroe performed at the University.

Newsroom

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Letters To The Editor

- 500 word maxium
- No profane or slanderous language
- Students: Include name and year
- Faculty: Include name and rank
- Please include a phone number to verify authorship
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Halloween

Things Just Got "Spoopy": Monsters Around the World

By Kristen Collins
Contributing Writer

Creatures of the night haunt October, bringing in the horrors of Halloween to everyone's front step. From scary movies to candy galore, nothing starts up the pumpkin mood better than "spoopy" monsters. Originally made on Tumblr, the word "spoopy" is a term meant to satirize spooky after it was accidentally misspelled, making it cute and adorable. So take a tour on the creepy, the horrifying, the cute, the sexy, and the grotesquely gruesome monster hunt across the globe.

Picture Courtesy of Rebecca Maldonado

The Undead

Skeletons and the undead lore of Mexico come from a popular holiday known as Dia de los Muertos (Day of the Dead). Strangely enough, this holiday is a combination of indigenous customs of Aztecs and Catholicism. While the Day of the Dead is a day of celebration, it is also a time where the dead awaken to visit the living world. With the holiday having Aztec roots, there are definitely a lot of darker origins to this happy time of laughing at death with the use of cute calacas (skeletons) and calaveras (skulls). During the time of Aztec rule, spanning from 1345-1521 CE, gods ruled over the people and in return for gifts and rites of passages, rituals involving cannibalism and sacrifice were heavily imbued in the culture.

The two most prominent figures of the Aztec underworld are Michlantecuhtli and Mictlantecuhtl. Michlantecuhtli is the Aztec god of the dead and is associated with owls, spiders, and bats. He meets all the souls in the underworld on their journey to judgement. Appearance-wise, the god is described as a skeleton or a man covered in bones. He wears a skull mask, has a necklace of eyeballs, wears a costume of owl feathers, and has dark, curly hair. Mictlantecuhtl is the goddess of the dead, symbolizing creativity and destruction and is known as the "Devourer of Man." Created after being sacrificed as an infant, the goddess makes sure to watch over the bones of the dead and overlook festivals in her name. As for her appearance, she can either be described as a voluptuous woman with skulls adorning her body or as a de-fleshed woman with rotting flesh and jaw agape.

Left: The Queen of the Dead stems from Mexican tradition. She is the one who watches over souls during the Day of the Dead.

Picture Courtesy of Craig Graves

The Wendigo

In the far northern parts of North America and Canada, the creature known as the Wendigo resides. Its lore comes from the Algonquian and Inuit tribes, and in the Algonquian language, Wendigo literally means "evil spirits that devours mankind." These creatures are demonic spirits who possess humans and turn the host into cannibals. A person can either be possessed by a demon or eat the flesh of humans to become a Wendigo. They roam the woods and forests, located in the coldest areas of the wilderness where food is scarce.

The Wendigo has a couple of distinct appearances. One is described as being 15-feet tall with beast-like features, glowing eyes, long canine teeth and an extremely long tongue. The other form, most likely tied in with the lore of possession, is human-like with a tall, gaunt figure, sunken eyes, and yellow-decaying skin. Both types have stag-like horns and has an unending hunger for human flesh. These creatures heal quickly and have enhanced senses to help them hunt for their prey. They also have supernatural abilities such as weather changing and summoning other monsters. The only way to kill a Wendigo is with silver and it takes a list of steps. First it must be staked through the heart with silver, then it must be dismembered with a silver axe and the remains need to be salted and burned.

Check out www.pride-online.net to learn about more monsters.

Right: Some interpretations of Wendigos make them look like Rakes, while most Native American imagery depicts them as being closer to nature with the skull of a stag as their head.

The School of Arts and Sciences

Dedicated, Diverse...DIFFERENT!

Did you know that you can take courses in...

HTY 300 Vietnam: War, Culture, and History

Instructor: Dr. Thomas Draude
Day & Time: MWF 8:30 a.m.

This course explores the history and culture of the Vietnamese people and the Cold War policies that resulted in America's involvement in what would become its most controversial military engagement – the Vietnam War.

HTY 424: Popular Culture: From Elvis to Nicki Minaj

Instructor: Dr. Doug Astolfi
Day & Time: TR 9:30 a.m.

From the Brady Bunch to Modern Family – Popular Culture Defines America. This class explores how popular culture, as expressed in film, television, music, fashion and protest movements, has redefined America and what it means to be an American from the timid 1950's to the tumultuous 2000's.

HTY 428: Far Eastern History Since WWII

Instructor: Dr. Jack McTague
Day & Time: TR 12:30 p.m.

Do you want to learn about the two fastest rising economic powers in the world—China and India? Then this is the course for you. We will trace their histories in the 20th century and explain how they have risen so fast since the 1980s to become major rivals of the U.S. on the world economic stage.

HTY 351: From Slavery to Freedom: African American History

Instructor: Dr. Heather Parker
Day & Time: TR 11:00 a.m.

This study of slavery begins in Africa and explores the institution of slavery from the perspective of slaves and their families. This course explores the lives slaves built for themselves within slave plantations, the ways in which slaves revelled against slaveery, the methods they used to escape from slavery, and the experiences of the free blacks in the North during the slave era. Finally, the course examines the lives free African Americans lived after the end of their slavery, their many contributions to American culture, and their fight for equality.

EGN Mechanics of Materials

Instructor: Dr. Leo Ondrovic
Day & Time: TR 3:30 p.m.

Prerequisite: *MAT 152 or higher and PHY 222.* Have you ever admired a railroad bridge and wonder how it has the strength to withstand the weight of a fully loaded train? Have you ever wondered why one item wears out and the next does not? Did you ever need to know the maximum weight you could put on a beam, a chain, or a tow rope? Explore these questions and many more that pertain to the strength of materials and the behavior of materials under loads in EGN 330: Mechanics of Materials. In this course, students will learn to assess material response to stress and strain, and learn to calculate Young's Modulus of

Elasticity, work, and toughness. All these skills are crucial in making decisions about engineering designs, and are important to the development of critical thinking skills and the fundamental engineering mindset.

FAS 230: Practicum I: Dialects of the British Isles

Instructor: Mr. Owen Robertson
Day & Time: TBA

This intensive voice class will teach actors how deliver a proper British dialect. The dialects focused upon will be in support of the spring production A Murder is Announced but the range of dialects covered will be: Cockney, Hampshire, Irish, Liverpool, Northern Ireland, Scottish, Standard British English (Received Pronunciation), Welsh, and Yorkshire. The dialects are fun so even if you are not interested in being an actor if you ever wanted to sound like one, well then, take the class.

FAS 240: Practicum II: The Alexander Method

Instructor: Mr. Owen Robertson
Day & Time: TBA

Before you get up to speak in front of a crowd or perform as an actor have you ever felt a tight throat, held breath, stiff muscles, stage fright? All of the impediments to performance come in many guises, but they all spring from the same source-tension. The Alexander technique helps you fight that. In this class, you will learn how to: Move more naturally, breathe more freely, speak more clearly, free your creative impulses and for actors play a character with an unfamiliar physicality.

FAS 305: Stagecraft

Instructor: Dr. Alicia Corts
Day & Time: MWF 12:30 p.m.

Planning, execution, and leadership of the technical and administrative elements of theatrical production, including lighting, scenery, audio, properties, costumes, makeup, house management, and stage management. The prerequisite is FAS 110CL.

IDS 300ST: Devised Theatre

Instructor: Dr. Alicia Corts
Day & Time: TR 3:30 p.m.

Have you ever wondered what goes into creating not just a production of a play, but the play itself? This exciting course, open to all majors and skill levels, will build a play based upon local events from the ground up. The process will include conducting a series of interviews, doing character studies, compiling relevant research, and drafting a script.

ENG 300ST: Jane Austen and Buddha

Instructor: Dr. Kathryn Duncan
Day & Time: MWF 11:30 a.m.

Jane Austen and the Buddha (and evolutionary psychology, and anxiety, and adaptation, and film, and zombies) will explore the theme of suffering in Austen's novels through creative assignments and activities that include meditation and yoga. The prerequisite is ENG 122.

ENG 227 - Basic Journalism

Instructor: Mrs. Valerie Kasper
Day & Time: TR 11 a.m.

This course is part of the Journalism Minor, but can be taken separately by anyone intersted in learning to write journalistically. Improve your writing skills in different areas of journalism, such as feature or editorial writing, but also strengthen your interviewing, presentation, and layout skills. This course will also delve into the digital realm when dealing with how to create online, multimedia articles and slideshows.

FRL 200ST - Russian II

Instructor: Dr. Iona Sarieva
Day & Time: MWF 11:30 - 12:20 pm

Taking Russian will give you more than just adding another impressive achievement on your resume – it is an interesting and fun challenge! Learn the second most used language on the internet and explore the culture of the largest country in the world.

FRE 111: French Level 1-A

Instructor: F. Pfost
Day & Time: TR 3:30 pm

French, the world's historic language of diplomacy and commerce, is the official language of twenty-nine (29) countries all over the globe. Named by *Bloomberg Businessweek* as the third most useful language for global business after English and Chinese (2011), French is the language to study not only to gain insight into the boundless world outside, but also to self-identify in the infinite universe of resources within you.

GER 111: German Level 1-A

Instructor: Ms. Carol Ann Moon
Day & Time: M 6 - 8:50 p.m.

What is a "Haus mit Garten" or a "Kaffespause"? How do you make a "Hotelreservierung" or order some "Theaterkarten"? Find out the answers to these fun AND useful questions and MORE - by signing up to take Beginning German I.

SPA 420: Advanced Spanish Literature and Film

Instructor: Dr. Marcela Van Olphen
Day & Time: W 3:30 - 6:20 p.m.

¿Hablas español? ¿Quieres mejorar tu escritura y el uso del español formal? ¿Creciste en una familia hispana hablando el español y necesitas ayuda para mejorarlo? Si tu primera lengua es el inglés y sabes bastante español, esta clase también es para ti!! In this class, you will improve your Spanish skills and learn more about Latin America and Spain cultures by watching movies and reading poems, segments from novels, short stories. Grammar is contextualized and you will develop your formal Spanish in meaningful ways! Sharpen up your academic Spanish!

POR 111: Portuguese for Speakers of Romance Languages

Instructor: Dr. Marcela Van Olphen
Day & Time: TR 9:30 a.m.

Lions, learn to roar in another language! These introductory courses in Spanish and Portuguese provide you with the basic skills to maintain conversations and open the door to exciting new cultures.

IDS 310 - The Creative Process

Instructor: Dr. Karen Bryant
Day & Time: TR 12:30 p.m.

What is creativity, and how is the elusive muse harnessed? This class will study the world's greatest inventors and creators, and ultimately answer the question: does studying creativity help nurture creativity?

MUS-100

SASS A Capella Group: Instructor Pamela Decius

Our small group ensembles perform at campus events such as the biannual student art shows, poetry readings, recitals, and receptions. They also have many opportunities to perform in the community at local events, art galleries, and retirement communities.

MUS 106 - Saint Leo Singers

Saint Leo Singers: Instructor Cynthia Selph

Choral ensemble that performs all styles of music from classical to pop to multi-cultural to gospel. This ensemble performs with a variety of instrumental accompaniment, and is open to all singers. Auditions for placement are held during the first week of classes.

MUS 130 - CA02

String Ensemble: Intructor Kasia Dolinska

A small performance group open to students of all levels of skill that meets once a week for rehearsals throughout the semester and performs in venues such as the annual student art shows, the Christmas Concert, and student and faculty recitals.

MUS 130 - CA01

Jazz Ensemble: Intructor Mauricio Rodriguez

The Jazz Ensemble is a small performance group open to students of all levels of skill. The ensemble meets once a week for rehearsals throughout the semester, and they perform in venues such as the annual student art shows, the Christmas Concert, and student and faculty recitals.

MUS 120, 220, 320, and 420 - Private Instruction

in piano, voice, strings, guitar, woodwinds, brass, and percussion. Students receive a minimum of ten private lessons during the semester with a qualified instructor on their instrument or voice. Semester fee is required. For more information please contact Megan Orendorf (Jennifer.orendorf@saintleo.edu)

ART 100 - CA02 - Beginning Pottery

Instructor: Ms. C. Lewis
Day & Time: MW 3:30 - 4:50 p.m.

Feel like creating something new and different? Do you love getting your hands dirty? This beginning pottery class will explore basic building techniques and encourage artistic exploration.

ART 100 - CA03 - Fabric Surface Design

Instructor: Ms. C. Lewis
Day & Time: MW 6:30 - 7:50 p.m.

This class, the first of its kind at Saint Leo, will explore techniques of fabric embellishment to represent manipulations of textiles that go beyond woven constructions. Techniques may include painting, stamping, rubbing, stenciling, silk screening, resists, image transfer, marbling, or batik.

ART 221: Drawing

Instructor: T. Toms
Day & Time: TR 11 - 12:20 p.m.

Freehand drawing from landscape, live models, and objects, with emphasis on training students to see, to understand, and to report through drawing. Six hours of studio per week.

ART 226 - CA01 and CA02 - Beg Photography

Instructor: Jim Hughson
Day & Time: TR 9:30 - 10:50 a.m. and 11 a.m. - 12:20 p.m.

This is a course in the art and techniques of black & white photography and digital working from the fundamental thesis that when understood, the camera is a tool for exciting and individualistic image-making. The student will be expected to complete a set of "school figures" as well as "freestyle figures" in the use of the camera, learn to develop his/her own negatives and print his/her own images. There will be class time devoted both to darkroom work and group critiques of the images.

Arts & Entertainment

Bracing for the Bright, Cold Dark

By Jacob Gates
Contributing Writer

Picture By Jacob Gates

Deafhaven's lead volcalist, George Clarke, is know for his magnetic stage presence.

Deafheaven is a Black Metal band that formed in 2010 in San Francisco, Calif. The band went relatively unnoticed but was well liked by the Metal community until June 11, 2013, when they released their massively successful LP *Sunbather*. The album was an incredible achievement for the band. The Band Channeled a variety of influences, everything from Black Metal bands Burzum and Bathory to My Bloody Valentine and The Smiths. The album was at once filled with anger and hope, a compelling blend of soft guitars and strong, sorrowful lyrics. The result became not only the most critically acclaimed Metal album of the year, but one of the best albums of the year overall. Needless to say, expectations were high for their follow-up release, and two years later, the band released *New Bermuda* on Oct. 2, 2015.

At the very beginning of *New Bermuda*, the track "Brought to the Water" is otherworldly and foreboding. Church bells ring soft in the distance as guitars pummel the listener's senses. George Clarke's vocals cut through the cacophonous beginning like a scream in a snowstorm. The beginning is reminiscent of seminal Metal band Death, but quickly shows the listener why they've caused such a stir in the Metal scene in recent years. The harshness of the guitars quickly subside to a triumphant major scale riff that clings to the song like a warm memory in a cold place. The track finally ends with a brief but melodious series of piano chords to usher in the rest of the album. Almost indiscernible from the instrumentals, is the chilling line:

"A multiverse of fuchsia and violet surrenders to blackness now"

and makes it very clear the change in tone from *Sunbather* to *New Bermuda*. The first track is a mesmerizing blend of beauty and darkness; it is a bold start to the rest of the album.

Once the first track ends, the second track, "Luna" has a similar beginning. Blast beats, punishing vocals, and unusual melodic choices are interspersed throughout "Luna." Where the opening song of the album could be considered a preview of the tone of the album, the second track is a continuation of those themes. To compare the song to another in the band's discography, "From the Kettle onto the Coil," would be a fine analogue. "Luna" holds onto its Black Metal roots a bit longer, but soon transitions into subtler instrumental choices and ends as an amalgamation of the two opposing styles, all the while with George Clarke's lyrics cutting through the sound:

"Confined to a house that never remains clean. To a bed where the ill never get well."

The third track, "Baby Blue," is a soft valley to the album's hard peaks (at least in the beginning). Soft in its guitar work, the band plays as ethereal notes drift over the bass, the drums being the only portend of the intensity to come. The melody drifts away, but is brought back by the drums and vocals, and they return like a punch through solid glass, formed by the same hands mere minutes prior to its destruction. The feelings are still present in the new, ragged melody, and this anger seethes and subsides in the song's final minute. Rain falls on a window as a soft chord is sustained throughout, and a television plays in the background giving information on traffic in the area. The final moments communicate a real sense of space, a feeling of malaise and surreal dissatisfaction with one's place in life. And the final line of the song communicates it even further:

"God had sent my calamity into a deep space from which not even in dreams, I could ever imagine my escape."

"Come Back," the album's fourth entry, continues these feelings and offers the album's finest lyrics. George Clarke indicts in his words:

"We audience who saved our roses. We audience who scoffed at the tears. Ugliness stretching toward the chandelier."

The song plays like an accusation to oneself; Clarke seems angry at himself for being callous and uncaring in his life, and uses himself as an example as to how other people view one another. The song does offer hope, however, in the form of a dreamlike guitar, steady drumbeat and low key bass line. Never had regret been made to sound so beautiful.

The fifth and final song of the album, "Gifts for the Earth," is an interesting choice to end the record. The instrumentals are at a relatively upbeat pace, and without Clarke's vocals could be mistaken as a cover of a more safe, less experimental band as Deafheaven. But of course, as the track is ending, the song transitions into their unique hard-soft style of Black Metal, eventually allowing everything to fall away as all that is left of the song is the melody played carefully on an acoustic guitar and piano.

New Bermuda is an album that is a fine continuation of the band, one that for some may even say surpasses their previous record in terms of scope and brutality, but not necessarily in terms of experimentation and change. Of course Deafheaven is still head and shoulders above most other contemporary Metal bands in the field of experimentation. In fact, Deafheaven have always taken a unique approach to their lyrical content. Where many Black Metal bands try to create vivid descriptions of various scenes through dark lyrics and low-fi recording, Deafheaven utilizes abstraction. The band forges a connection with its audience by drawing on memories and feelings not typically explored by other Metal bands. *New Bermuda* is a perfect example of this distinction, and a daring exploration of the themes of malaise and regret, unheard of by most mainstream musicians. Deafheaven has created a worthy successor to *Sunbather* and it seems that every change they've gone through has been for the better.

4.5/5

Arts & Entertainment

A Nation of War Brought to Netflix

By Austin Chiavaroli
Staff Writer

Photo From Twitter @idriselba

Currently a massive hit, "Beasts of No Nation," has received a lot of positive feedback and reviews about its drama and realistic take one of the wars on the African continent.

The continent of Africa has beautiful scenery, wonderful wildlife, and a magnificent culture that dates back to our earliest history. However, today hate and war that have spread throughout countries of Africa, affecting both men, women, and children. "Beasts of No Nation," directed by Cary Joji Fukunaga, has shown the impact of these wars. The film has been released in selected theatres and is available on Netflix.

The story focuses around a young West African boy named Agu (Abraham Attah). When war is at his town's doorstep, his father (Kobina Amissah-Sam) sends his mother (Ama K. Abebrese) and younger sister (Vera Nyarkoah Antwi) away in a bus. While Agu, his father, and older brother (Francis Weddey) try to escape the town when the invading army attacks, Agu's father and brother are shot and killed. Agu must flee into the neighboring forest. Eventually, he is found by a rebel army and is trained as as a soldier when the Commander (Idris Elba) takes interest in him. With Agu now a trained child soldier, him and the rebel army head toward the capital to take on the force that is killing innocent African lives.

The film itself is powerful in that it isn't scared to show how dreadful and brutal the wars in African countries are. One scene shows this perfectly is when Agu is forced by the commander to kill a man with a machete as another child joins in. Agu's narration alongside the film relates to God and his faith, showing how conflicted his mind is when he is killing people for the cause of war, and giving the audience a peer into what goes on within a child soldier's mind.

The music in the film has a lot of African children chanting to different beats giving off an innocence that can be heard throughout the movie, almost like it is mocking it. While most of the film relies on dialogue and imagery, there are some scenes that have orchestral scores causing them to be more memorable and impactful.

While the film has a lot of good qualities going for it, there are a couple of issues with the film. In the beginning segment of the movie, there is a lot of switching between English and African language with subtitles. While this shows how cultural the film is, it can also be confusing to some viewers, and after the beginning the rest of the movie is mostly English. Another issue is the lack of access to the film as it is only in a few selected theatres, and for anyone with a Netflix account. By doing this, the film has a narrower amount of viewers and might not get as much praise due to the lack of views.

"Beasts of No Nation," while being a dramatic and impactful war film, can be hard for some people to watch as there is a lot of gore, violence, and harsh topics brought up. However, it is a good film for individuals to watch to educate themselves on the events that have been taking place on the African continent. This movie gets a 4.6/5.

Sports

Cross Country Runners of the Week

By Matt Vandenburgh
Sports Editor

On Oct. 24 in Lakeland Fla., the Saint Leo Men's and Women's Cross Country teams participated in the 25th Sunshine State Conference Championships. While the Women's team finished in second place, one of the team's members won the individual title. The Men managed to win the competition and place three runners in the top three.

For the first time in the University's history, the Lions have a team that won the Sunshine State Conference Championships for two consecutive years. Similarly to last year's competition, the Men's Cross Country team won the championships. Nova Southeastern University followed the Lions finishing in second place, and Florida Southern College was third.

Not only did the Lions win the team title, but three individuals finished the race in the top three. As a member of the team, I had the pleasure to participate in the race finishing in second place right behind the 2015 SSC individual champion Valentin Lenz, Senior, and ahead of Niclas Bez, Junior.

In regards to the Men, most of the races in the cross-country season are 8K long. The championships course had the same distance, and it included two loops, 5K and 3K respectively. Since the finish time does not affect the runners' scores in any way, usually, the championships' races are very tactical.

The Oct. 24 race had all the features of a typical championships' race. As usual, during the first part of the race, none of the runners decided to take a lead. The raced was paced relatively slow, and it was not clear who would be the winner.

The real competition began after the first loop. At this point, the runners decided to pick up the pace, and the leading group started to break away.

"The tactic for the race was to stay with the group on the first loop, and start working hard in the second part of the race. The team has done exactly what they were told, and it worked great," said, Kent Reiber, the Men's Cross Country head coach.

While it was clear that the first, as well as second place, would be taken by the Lions, the battle for the third spot was held until the last meters. Bez took advantage of his experience as a middle distance runner, and he presented the best of his abilities at the finish. As a result, Bez managed to win the battle and finish the race as the third best runner.

The individual champion, Lenz, won the competition with a lead of 12 seconds. It is Lenz's first ever individual title after finishing second in the championships in 2014 as well as in 2015. Lenz helped the Lions to have a third individual Sunshine State Conference champion for a third consecutive year.

The Lions scored 28 points, and besides the top three, the list of scoring runners include Sophomore Anthony Deleva, who was 10th, and Senior Carl Dunne, who finished the race in 12th place. The Lions were 10 points ahead of the second team.

Photo From Twitter @saintleoxctrack

Saint Leo Men's Cross Country has made history and became the school's first team ever to win SSC championships for two consecutive years.

The Women's Cross Country Championships began few minutes after the Men finished their competition. The Lions finished the race in a second place scoring 39 points. University of Tampa won the competition with a score of 28 while Florida Tech was third with a score of 100 points.

Despite losing the team title by 11 points, the Lions' Women's top runner, Sophomore Colett Rampf from Germany, defended her individual title from last year.

The Women's race was a 6K, which is a usual distance, and the runners had to go through two 3K loops. The runner's tactics were very similar to those in the Men's race. Similarly, it started relatively slow, and the Women began to speed up while they reached the second loop.

Nevertheless, Rampf was part of the lead group throughout the whole distance. The whole time, she controlled the pace, and she decided to attack in the second part of the race. As a result, Rampf dominated the competition, crossing the finish line with a 38 second lead ahead of the second finisher and 52 seconds over the third.

Two other Saint Leo University Women managed to finish the championships in the top ten. Freshman Alyssa Bayliff crossed the finish line as a fourth best runner while fellow freshman Lora Tobin of Ireland, was ninth overall.

Another two Saint Leo University runners whose score counted towards the final result are Sophomore Kari Grippo, and Junior Natali McCormick, Canada. While Grippo missed the top ten by just one place, McCormick finished the race fourteenth.

The winning team, University of Tampa, placed five runners in the top ten. By winning the Championships, the Tampa women collected the 13th team title for the institution. Nevertheless, the Lions very close to defeating them and, in fact, the battle for the title was held mostly between the two teams.

"It is still possible to beat Tampa, and we might be able to do it in a bigger race such as Regionals. We are looking forward to the next two weeks. We know that some work still has to be done, but we also know that the girls have not shown all their abilities yet," said Reiber.

Photo From Twitter @saintleoxctrack

Colett Rampff (far left) managed to defend her title from last year. Saint Leo second best runner was Alyssa Bayliff (far right) who finished the championships in the fourth place.

Scores This Week

M Soccer

10/21: W 4-1 Vs Tampa U.

10/24: W 4-0 @ Fla. Southern

W Soccer

10/21: L 2-0 @ Tampa U.

10/24: W 3-2 Vs. Fla. Southern

M Golf

10/26: 8th of 22 teams
McDonough Cup
Rounds 1 & 2

10/27: 5th of 22 teams
McDonough Cup
Final

W Golf

10/26: 4th of 18 teams
Flagler Fall Slam
Round 1

10/27: 3rd of 18 teams
Flagler Fall Slam
Round 2

W Volleyball

10/20: W 3-0 Vs Eckerd

10/23: L 3-0 @ Rollins

10/24: W 3-1 @ Embry-Riddle